



# A Course in Miracles Summer Workshop Series

A Course in Miracles is a spiritual practice that provides practical tools for attaining peace of mind. As you study this material you will find that you are able to be more fully present in life. Pain from the past will begin to fade away. Fear of the future will diminish. Life will flow more smoothly as you apply these concepts to everyday challenges.

**This workshop series is designed to discuss the basic concepts of A Course in Miracles.** We will review a variety of topics covered in *Gifts From A Course in Miracles*. We will cover the following selections: The Mind (pgs. 23 - 33), Obstacles on the Path (pgs.59 - 73), Healing Relationships (pgs.73 - 87), Changing Your Mind About Your Mind (pgs.117 - 125), The Obstacle to Peace (pgs.137 - 149), The Gifts of Peace (pgs. 185 - 195).

*Everyone is welcome in this class. No previous experience necessary.*

**Saturdays, June 26, July 10, August 7, August 28**  
**1:00 p.m. - 5:00 p.m.**  
**Fee: \$75 per workshop or \$260 for all four**  
Classes held at Amy's home office.

Amy Erez has been a practitioner of A Course in Miracles for over twenty years. Much of her inspiration for workshops and the wisdom she offers in her private sessions comes from her understanding of this life-changing course. A Course in Miracles had a profound effect on Amy's view of herself and the world by providing **practical** tools for spiritual transformation and understanding.

Amy is Director of **Sugi Health and Fitness™** and the Sugi School of Health and Fitness - a California State Approved school of bodywork and massage, yoga, and personal fitness training. Amy is a Reiki Master and sees private clients for Reiki, SugiTouch™, Acupressure and Flower Essence therapy. She has been in private practice and teaching in the San Francisco Bay Area since 1984.



To register make check to **Sugi Health** and send with registration form to:  
**2096 Hoover Ave., Pleasant Hill, CA 94523**

Name \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Check your attendance: June 26 \_\_\_\_ July 10 \_\_\_\_ Aug. 7 \_\_\_\_ Aug. 28 \_\_\_\_ ACIM Smr Series '10 Total \_\_\_\_\_